

Lift

Hebrew: nasa or nacah- to lift; accept; advance; arise; bear up; bring forth.

Psalms 28:2 Hear the voice of my supplications when I cry to You, when I lift up my hands toward Your holy sanctuary.

Psalms 63:4 Thus I will bless You while I live; I will lift up my hands in Your name.

Psalms 134:2 Lift up your hands in the sanctuary, and bless the Lord.