

# Psalm 144:1

*Blessed be the LORD my Rock, Who trains my hands for war, And my fingers for battle -*

## **Blessed:**

Barak-to kneel; by implication to bless God (as an act of adoration)

## **Rock:**

Tsuwr-a cliff (or sharp rock, as compressed); generally, a rock or boulder; figuratively, a refuge; also an edge (as precipitous)

## **Trains:**

Lamad-to goad, i.e. (by implication) to teach (the rod being an Oriental incentive): [un-]accustomed, diligently, expert, instruct, learn, skillful, teach

## **War:**

Qerab-hostile encounter

## **Battle:**

Milchamah-(in the sense of fighting); a battle (i.e. the engagement); generally, war (i.e. warfare)

## **Scripture references:**

Psalm 18:46

*The Lord lives! Blessed be my Rock! Let the God of my salvation be exalted.*

Psalm 41:13

*Blessed be the Lord God of Israel From everlasting to everlasting! Amen and Amen.*

Psalm 124:6

*Blessed be the Lord, Who has not given us as prey to their teeth.*

Psalm 25:8

*Good and upright is the Lord; Therefore He teaches sinners in the way.*

Psalm 25:9

*The humble He guides in justice, and the humble He teaches His way.*

Psalm 27:3

*Though an army may encamp against me, my heart shall not fear; Though war may rise against me, in this I will be confident.*

Psalm 18:39

*For You have armed me with strength for the battle; You have subdued under me those who rose up against me.*

Psalm 24:8

*Who is this King of glory? The Lord strong and mighty, the Lord mighty in battle.*

Psalm 140:7

*O God the Lord, the strength of my salvation, You have covered my head in the day of battle.*

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