



## Psalm 144:1

*Blessed be the LORD my Rock, Who trains my hands for war, And my fingers for battle --*

### **Blessed:**

Barak-to kneel; by implication to bless God (as an act of adoration)

### **Rock:**

Tsuwr-a cliff (or sharp rock, as compressed); generally, a rock or boulder; figuratively, a refuge; also an edge (as precipitous)

### **Trains:**

Lamad-to goad, i.e. (by implication) to teach (the rod being an Oriental incentive): [un-] accustomed, diligently, expert, instruct, learn, skillful, teach

### **War:**

Qerab-hostile encounter

### **Battle:**

Milchamah-(in the sense of fighting); a battle (i.e. the engagement); generally, war (i.e. warfare)

### **Scripture references:**

Psalm 18:46

The Lord lives! Blessed be my Rock! Let the God of my salvation be exalted.

Psalm 41:13

Blessed be the Lord God of Israel From everlasting to everlasting! Amen and Amen.

Psalm 124:6

Blessed be the Lord, Who has not given us as prey to their teeth.

Psalm 25:8

Good and upright is the Lord; Therefore He teaches sinners in the way.

Psalm 25:9

The humble He guides in justice, and the humble He teaches His way.

Psalm 27:3

Though an army may encamp against me, my heart shall not fear; Though war may rise against me, in this I will be confident.

Psalm 18:39

For You have armed me with strength for the battle; You have subdued under me those who rose up against me.

Psalm 24:8

Who is this King of glory? The Lord strong and mighty, the Lord mighty in battle.

Psalm 140:7

O God the Lord, the strength of my salvation, You have covered my head in the day of battle.

Copyright © 2006 JustWorship.com  
All rights reserved. Used by permission