

Psalm 109:30

I will greatly praise the Lord with my mouth; Yes, I will praise him among the multitude.

The Hebrew word translated praise in this verse is yadah. The second word for praise is the Hebrew word halal.

Yadah- to use (i.e. hold out) the hand; especially to revere or worship (with extended hands).

Halal- to make a show, to boast; and thus to be (clamorously) foolish; to rave; to celebrate.

You might read this verse this way: "I will vehemently lift my hands to revere and worship the Lord and give thanks to him with my words. Yes, I will make a show and be clamorously foolish as I celebrate him with a large number of people."

We all have an overflow hole of praise. It's located under our nose. In verse 31 David gives us a reason for such elaborate praise. *For he shall stand at the right hand of the poor, to save him from those who condemn him.*

Scripture references:

Psalm 35:18

I will give You thanks in the great assembly; I will praise You among many people.

Psalm 111:1

Praise the Lord! I will praise the Lord with my whole heart. In the assembly of the upright and in the congregation.